Discussion guide for 3/15/2020

After watching the live feed take some time to discuss these as a family. Use your best judgement on the age of your kids on how long the discussion can last but press in longer than you think. If you don't get through all of it today make it a daily thing you refer to throughout the week. Take the Prayer provided and pray it daily with your family.

Quote from Martin Luther:

When Martin Luther was dealing with The Black Death plague, he wrote these wise words that can help inform the way we approach things happening in our world right now...

"I shall ask God mercifully to protect us. Then I shall fumigate, help purify the air, administer medicine and take it. I shall avoid places and persons where my presence is not needed in order not to become contaminated and thus perchance inflict and pollute others and so cause their death as a result of my negligence. If God should wish to take me, he will surely find me and I have done what he has expected of me and so I am not responsible for either my own death or the death of others. If my neighbor needs me however I shall not avoid place or person but will go freely as stated above. See this is such a God-fearing faith because it is neither brash nor foolhardy and does not tempt God."

Luther's Works Volume 43 pg 132 the letter "Whether one may flee from a Deadly Plague" written to Rev. Dr. John Hess

How can we as a family balance social distance but still be a loving neighbor?

Thomas Merton Prayer

"My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore will I trust you always, though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone."

When can we pray this prayer together as a family?

Lamentations 3:17-24

17I have been deprived of peace; I have forgotten what prosperity is.

18 So I say, "My splendor is gone and all that I had hoped from the Lord."

19 I remember my affliction and my wandering, the bitterness and the gall.

20 I well remember them, and my soul is downcast within me.

21 Yet this I call to mind and therefore I have hope:

22 Because of the Lord's great love we are not consumed, for his compassions never fail.

23 They are new every morning; great is your faithfulness.

24 I say to myself, "The Lord is my portion; therefore I will wait for him."

What are some of the new graces and mercies we have received today? (what are the good things that have happened today or yesterday)

Jeremiah 17:7-8

7 "But blessed is the one who trusts in the Lord, whose confidence is in him.8 They will be like a tree planted by the water that sends out its roots by the stream.

It does not fear when heat comes; its leaves are always green.

It has no worries in a year of drought and never fails to bear fruit."

How will we plant ourselves in the living water of Jesus regularly?

What are some of the worries we have right now? Pray for them and give them to Jesus

John 14:15-27

15 "If you love me, keep my commands. 16 And I will ask the Father, and he will give you another advocate to help you and be with you forever— 17 the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be[c] in you. 18 I will not leave you as orphans; I will come to you. 19 Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. 20 On that day you will realize that I am in my Father, and you are in me, and I am in you. 21 Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them."

22 Then Judas (not Judas Iscariot) said, "But, Lord, why do you intend to show yourself to us and not to the world?"

23 Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. 24 Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me.

25 "All this I have spoken while still with you. 26 But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. 27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

What does it mean to feel love?

How does God love us?

How can we show others the same love?

Psalm 46

- 1 God is our refuge and strength, an ever-present help in trouble.
- 2 Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea,
- 3 though its waters roar and foam and the mountains quake with their surging.[c]
- 4 There is a river whose streams make glad the city of God, the holy place where the Most High dwells.
- 5 God is within her, she will not fall; God will help her at break of day.
- 6 Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.
- 7 The Lord Almighty is with us; the God of Jacob is our fortress.
- 8 Come and see what the Lord has done, the desolations he has brought on the earth.
- 9 He makes wars cease to the ends of the earth.

He breaks the bow and shatters the spear;

he burns the shields[d] with fire.

10 He says, "Be still, and know that I am God;

I will be exalted among the nations,

I will be exalted in the earth."

11 The Lord Almighty is with us; the God of Jacob is our fortress.

Read through this Psalm 3 times slowly. After each reading ask the question: What stood out to you most?

After going through the Psalm 3 times discuss what you feel God is saying to you through the Psalm.

John 4:1-26

Jesus Talks With a Samaritan Woman

- 4 Now Jesus learned that the Pharisees had heard that he was gaining and baptizing more disciples than John— 2 although in fact it was not Jesus who baptized, but his disciples. 3 So he left Judea and went back once more to Galilee.
- 4 Now he had to go through Samaria. 5 So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. 6 Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon.
- 7 When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?" 8 (His disciples had gone into the town to buy food.)
- 9 The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.[a])
- 10 Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."
- 11 "Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water? 12 Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?"
- 13 Jesus answered, "Everyone who drinks this water will be thirsty again, 14 but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."
- 15 The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water."
- 16 He told her, "Go, call your husband and come back."
- 17 "I have no husband," she replied.

Jesus said to her, "You are right when you say you have no husband. 18 The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true."

- 19 "Sir," the woman said, "I can see that you are a prophet. 20 Our ancestors worshiped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem."
- 21 "Woman," Jesus replied, "believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. 22 You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. 23 Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. 24 God is spirit, and his worshipers must worship in the Spirit and in truth."

25 The woman said, "I know that Messiah" (called Christ) "is coming. When he comes, he will explain everything to us."

26 Then Jesus declared, "I, the one speaking to you—I am he."

Who do we see as "unclean" in our society like the Samaritans in Jesus' day?

- What can we do to reach out and show Jesus' love to those people?

What are some things we put our trust in other than God for refuge?

- How can we put our trust in Jesus as the Living the water who provides for all that we need?

How would trusting in Jesus as our refuge help our anxiety during these trying times?

Who is someone that you know needs Jesus's living water that you can share his love with this lenten season?

How will you care for and love your neighbor during this season of social distancing?